

# SPECTRA™

ASK YOUR DOCTOR  
HOW IT WILL HELP YOU

FOR FACE AND BODY



## THE SKIN YOU'RE IN

We're all subject to hereditary factors that dictate our skin type—from those with skin type I or II who often burn from the sun—to skin types III and above who have added protection due to more melanin in their skin. Don't look back and regret those days at the beach. Just be relieved that the Spectra laser can greatly improve your skin's clarity and quality with minimal downtime.

## WHAT IS THE SPECTRA LASER AND HOW DOES IT WORK?

The Spectra laser is a multi-purpose skin rejuvenation laser that offers the power and precision to alter the skin—from non-surgical skin resurfacing to effective tattoo removal. The goal of Spectra is to produce sufficient energy (heat) to penetrate the skin and absorb the target. (For example, melanin is the target for pigment and hemoglobin is the target for broken blood vessels.)

## WHAT CAN THE SPECTRA DO TO IMPROVE MY SKIN?

The Spectra will treat common problems such as fine blood vessels that cause skin redness, fine lines, wrinkles, acne scars, excess pigment (such as brown spots), enlarged pores and skin texture. The Spectra technology can also remove most tattoo colors, usually over a series of treatments. (A separate brochure on tattoo removal is available from your physician or consult [www.lutronic.com](http://www.lutronic.com) and refer to patient information.)

## WHAT IS THE SPECTRA PEEL?

Your doctor may recommend a Spectra Peel to improve the overall quality of your complexion. First a topical lotion is applied to the face, followed by the laser, to stimulate skin cells and begin the process of exfoliation. To optimize the results, a series of treatments (average is 3) are recommended to reduce oil production, enlarged pores, improve skin tone, reduce fine lines and generate new collagen.

## HOW MANY TREATMENTS WILL I NEED TO SEE AN IMPROVEMENT?

The number of treatments will depend on the specific problem you're addressing. For example, if you have broken facial blood vessels around your nose, one or two treatments would be likely. If you have advanced sun damage with multiple issues such as pigment, it could be more. Your doctor will assess and advise on the optimal treatment program for you.

## ARE TREATMENTS UNCOMFORTABLE?

The area of the face or body that is treated often dictates how the treatment feels. Patients often describe the feeling as intense warmth or a brief snap or sting. Sometimes the doctor will prescribe a topical anesthetic to numb the area prior to treatment. Don't hesitate to share your apprehensions about discomfort prior to treatment.

## HOW LONG WILL MY RESULTS LAST?

Obviously your skin will continue to age. However, to minimize on-going damage, consult with your doctor about preventative measures, for example, a good sunscreen, makeup etc. You may need to adopt the habit of wearing a hat or engaging in sports earlier in the morning or later in the afternoon, away from the sun's peak hours. These are practical lifestyle changes that will help you retain your new, healthier skin.

## HOW SAFE ARE SPECTRA LASER TREATMENTS?

Spectra has been used worldwide for 10 years. Lutronic's engineers designed Spectra to be clinically superior and provide the doctor with the best features available for patient safety.

