



Rosacea

What is rosacea?

Rosacea is a common dermatologic disease with two components. The first is the vascular component characterized by redness, facial vessels, flushing, and blushing. The second being the inflammatory component characterized by papules and pustules. The cause is unknown and made worse by heat, sun, spicy food, and/or consumption of alcohol.

How do LASERs work for rosacea?

The LASER works by destroying the superficial blood vessels that cause the unwanted redness. It also kills the bacteria that cause the pustules. The 532 green light LASER was FDA approved in 2003 for rosacea. It has been very successful in treating rosacea.

Does it hurt

At Body Perfect, we use a topical anesthetic applied to the area approximately 15 minutes prior to treatment, this reduces pain and makes the procedure very tolerable.

How long will it take?

Treatments will take 30-90 minutes.

How many treatments will I need?

3-6 Treatments spaced 3-4 weeks apart are needed to reduce rosacea symptoms

When will I see results?

You will begin to see results within the first hour. Skin will continue to improve in the following month.

What are the risks/side effects? (See Possible Risk of LASER handout)

The most common risk of treatment is redness for 24 hours and swelling that can last up to seven days. Antihistamine taken prior to treatment greatly reduces swelling.

What are the benefits?

- No longer need to take antibiotics
- No longer need to use topical creams
- Redness and flushing disappears
- Less make-up is needed
- Freedom to eat and drink what you want
- The skin looks and feels smoother
- An all around even skin tone

What are alternate treatments?

- Topical Creams
- Antibiotics

Question

This procedure has been explained to you in this hand out and by a Body Perfect professional. If you have any questions about this procedure, you may call Body Perfect at 888-843-2039.