



The revolutionary new FDA approved LASER treatment for leg veins can safely eliminate unsightly vessels up to 4mm in size.

*How does the treatment work?*

The LASER energy is absorbed by the pigment in your blood and collapses the unwanted vein. The LASER energy is delivered through a hand-held device with a cooling tip that protects your skin.

*How long does it take?*

Treatments will take between 30-90 minutes depending on the size of the area treated.

*How many treatments will I need?*

The number of treatments depends on the number, size, skin type, and other factors. Smaller areas may need one to three treatments, while larger areas may need four or more treatments. Treatments are spaced 2 months apart.

*When will I see results?*

Leg veins may literally disappear before your eyes! What remains is a red, raised area that lasts several hours to days. If the vessel is still seen, it may take two months or more to fully dissolve.

*Does it hurt?*

At Body Perfect, we use a topical anesthetic applied to the area approximately 15 minutes prior to treatment. This reduces pain and makes the procedure more comfortable. If needed, an oral pain reliever and/or anti-anxiety medicine may be prescribed.

*Is there special aftercare?*

- Wear medical grade support hose for at least 5 days – a prescription for these 20-30 psi (pounds per square inch) hose will be given to you at your consultation and may be purchased at a medical supply store.
- No **hot** showers or baths and no hot tubs or saunas for at least 5 days
- No vigorous exercise for at least 5 days

*What are the benefits?*

- No more unsightly leg veins
- Wearing the clothes you chose without embarrassment
- No 'down-time'

What are the possible risks/side effects? (See Possible Risks of LASER Treatment handout)

- The most common side effect is a red, raised area where the vein was which usually resolves within 24-48 hours
- Skin breakdown
- Hemosiderin may deposit into the skin as the vessel dissolves creating a darkened hue

What are alternative treatments?

- Sclerotherapy
- Vein stripping surgery

Questions

This procedure has been explained to you in this hand-out and by a Body Perfect professional. If you have any other questions about this procedure, you may call Body Perfect at 888-843-2039.