



LASER Peels

We are pleased to offer LASER Peels using the Erbium LASER to improve damaged skin, eliminate age spots, reduce fine wrinkles and diminish superficial scarring. A deep peel will give you more dramatic results but you will need to plan for 2-3 days of "downtime".

How does this treatment work?

LASER is used to exfoliate the top layers of skin. Your Body Perfect medical professional will analyze your skin condition and help you select the depth of peel to achieve the results you desire. The deeper the peel, the longer the 'down-time'.

When will I see results?

Just after the peel you will be very red. This lasts about 2-4 days, then your skin feels very tight for about 2 days and then peels for 2-4 days. After 7-10 days your skin begins to look better and continues to look better for the next 6 weeks. With each treatment texture and tone continue to improve.

How many treatments will I need?

A series of 3-5 treatments, spaced approximately six weeks apart will usually be enough to achieve the results you desire. More treatments may be needed for certain individuals or conditions.

Is there special after care?

- For two to five days, LASER ointment should be used at least three times a day, to keep your face very hydrated
- For the first 2-5 days use only cool water to clean your face
- **It is extremely important to apply moisturizer with at least an SPF 30 and avoid sun exposure on a daily basis to reduce any potential side effects**

Does the treatment hurt?

At Body Perfect, we use a topical anesthetic applied to the area approximately 15 minutes prior to treatment, this reduces pain and makes the procedure very tolerable. Oral pain and/or anti-anxiety medicine may be prescribed.

What are any risks/side effects? (See Risk of LASER hand-out)

- Redness and peeling are expected
- Crusting
- Infection

What are the benefits?

- Brighter skin
- Tone improvement (decreased pigmentation)
- Smoother Texture
- Pores appear smaller

What are alternative treatments?

- Microdermabrasion
- Chemical Peels
- Cosmetics

Questions

This procedure has been explained to you in this hand-out and by a Body Perfect professional. If you have any other questions about this procedure, you may call Body Perfect at 888-843-2039.